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| All students will know:  Key content for each component broken down into learning aim sub-sections. See attached  BTEC document for more info.  All students will be assessed by:  Pupils will be internally assessed and externally moderated by Pearson. Pupils will be graded either pass, merit, distinction or distinction\*.  Impact- Why do we teach this?  BTEC Tech is taught as pupils have a range of theory and practical lessons to learn key content. The format of this course means pupils complete two lengthy assignments and then one final exam at the end of Y11. Pupils build on key content they would have learnt in KS3 core pe lessons. This course also assesses pupils practically which gives pupils who are confident sports performers a chance to improve their grades. | Subject specific skills being developed:  Recall, retrieval, cross sport links, leadership, teamwork, knowledge of rules, tactics, skills in different sports, knowledge of technology, knowledge of components of fitness, knowledge of training methods, knowledge of barriers to participation, knowledge of different sectors in sport to name a few. More info can be found on the attached BTEC document. |
| Key Vocabulary:  Technology, barriers, private sector, public sector, voluntary sector, components of fitness, sedentary, physical activity guidelines, aerobic endurance, speed, strength, muscular endurance, body composition, flexibility, fitness tests, frequency, intensity, time, type, progressive overload, training methods, circuit training, acceleration training, continuous training, personal, social, cultural, financial, access, rules, regulations, tactics, scoring systems, officials, performance, analysis, evaluation, warm-up, cool down, lactic acid, respiratory system, musculoskeletal system, cardiovascular system to name a few. See the BTEC document attached for more info. |
| Schemas:  Pupils will build on knowledge and skills they have gained in KS3 PE lessons and apply this within a theoretical context with elements of practical assessment. |
| Sequencing: Component 1, component 2, component 3. | |

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| Lesson | Learning Aims | Assessment Method |
| Component One: Preparing Participants to Take Part in Sport and Physical Activity | **Learning Outcome A:** Explore types and provision of sport and physical activity for different types of participant  **Learning Outcome B:** Examine equipment and technology required for participants to use when taking part in sport and physical activity  **Learning Outcome C:** Be able to prepare participants to take part in sport and physical activity | PSA – assignment released by Pearson. 5 hours total to complete. |
| Component Two: Taking Part and Improving Other Participants Sporting Performance | **Learning Outcome A:** Understand how different components of fitness are used in different physical activities  **Learning Outcome B:** Be able to participate in sport and understand the roles and responsibilities of officials  **Learning Outcome C:** Demonstrate ways to improve participants sporting techniques | PSA – assignment released by Pearson. 4 hours total to complete. |
| Component Three: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity | **Key content A:** Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise  **Key content B:** Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise  **Key content C:** Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise  **Key content D:** Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise | External assessment (exam) |