



**KING EDWARD VI
BALAAM WOOD
ACADEMY**

Educational excellence for our City

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**KING EDWARD VI
FOUNDATION
BIRMINGHAM**

Educational excellence for our City

16th September 2021

Dear Parents/Carers,

Information on Nut Allergies

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction. We have a number of pupils in our school who have severe nut allergies and can be seriously affected by someone else who is eating or may have recently eaten nuts.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff in the school are trained to use Epi-pens (an injection of adrenalin) which is required immediately if this happens.

Please encourage your child to understand that eating a nut product (including items such as peanut butter sandwiches and Nutella bars) can have a serious effect on a pupil later on in the classroom.

We cannot have nuts in school in any form. So please can we ask that you have no nut products in lunch/snack boxes. For example:

- Peanut butter sandwiches
- Chocolate spreads
- Cereal bars
- Some granola bars
- Cakes that contain nuts
- Biscuits / Cookies that contain nuts
- Peanut butter cakes
- Some Asian food, including satay
- Sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely.

We appreciate that this is an additional thing to check and we know that you recognise the importance of it. We do have to insist we are a nut free school. As for some pupils this can be a life-threatening condition.

If you have any questions, please email on enquiry@bwa.kevibham.org

Yours Sincerely

Zoe Haines Deputy Headteacher, DSL

Headteacher: Mr D. McGarvey